

Well at College delivers innovative online resources for tutorials, key skills, enrichment and additionality

# Learner Entitlement 2007/08

Innovative resources to support health and well being



For further information on Well at College please contact us:

Telephone: 01904 550110

E-mail: [enquiries.np@tribalgroup.co.uk](mailto:enquiries.np@tribalgroup.co.uk)

Website: [www.wellatcollege.co.uk](http://www.wellatcollege.co.uk)

Network Publishing Ltd  
Forsyth House  
Alpha Business Park  
Monks Cross  
York YO32 9WN

## Well at College™

### Tutor view:

"The site content is very interesting with lesson plans, handouts and activities.

There are also various interactive features on a variety of topics related to tutorial and pastoral care, ticking all the boxes of the new ECM agenda.

I feel that it will be an excellent tool for our college."

Carol Broadhurst,  
Senior Lecturer,  
City College Manchester.

## Well at College™

### Introduction

#### Personalised learning

The unique Well at College e-learning platform provides colleges with **tutorial and enrichment modules**, through a wide range of self-study materials for students. It also includes a comprehensive resource bank of lesson plans and teaching materials for tutors.

Well at College is a new concept which enables students to build knowledge about a wide range of life skills. They can also complete vocationally relevant activities which contribute to the completion of their individual portfolios for each of the three core key skills.

#### Every Child Matters

All aspects of the Well at College programme can be mapped into the new Common Inspection Framework and it covers all of the five outcomes within Every Child Matters.

The comprehensive Well at College website contains five sections:

- Well Being
- Well Prepared
- Well Connected
- Well Skilled
- Well Qualified



## Well at College™

### Delivering the Programme

Well at College is currently being used by a range of colleges across the country, providing an effective and efficient way to deliver individual and group tutorials, enrichment activities and key skills. Through constant feedback and evaluation of the programme we are finding that Well at College is also supporting colleges to:

- Increase levels of student participation and learning in a range of life skill subjects.
- Improve levels of attendance at tutorials.
- Monitor student progress.

- Explore new innovative ways of delivering group tutorials.
- Standardise quality across curriculum areas.
- Provide subject specific and vocationally relevant opportunities for the generation of all three core key skills through paper-based portfolios.
- Encourage differentiation through a range of additional web-based learning activities and progression opportunities.
- Measure the impact of Every Child Matters initiatives.

### Contents

Well Being	4	Well Skilled	9
Well Prepared	6	Well Qualified	10
Well Connected	8	Healthy Living	10

## Every Child Matters

### Principal view:

"Warwickshire College has used Tribal's learning resources and support services since 2001. They have proven to be invaluable and this year we are piloting the Well at College initiative which will help us meet the outcomes of Every Child Matters.

The personalisation agenda will be a significant challenge for the FE system, but materials that are high quality, sector tested and fit for purpose will support success in delivering personalised learning programmes."

Ioan Morgan CBE,  
Principal,  
Warwickshire College,  
Chair, 157 Group.

## Well Being Learning Modules... Personalised Learning

*Well Being* has been developed to encourage learners to participate in a mixed and varied programme of online tutorial modules. *Well Being* covers a wide range of subjects, delivering essential information in short practical sessions.

Each module is designed to take approximately one hour and may be studied as part of a group tutorial or independently at college, work or home.

### Module Structure and Content

- **Start here:** An overview of the subject area and the main elements that will be covered in the module.
  - **Assess yourself:** Ten questions which test individual knowledge on the subject, prior to learning.
  - **Sections of learning:** Each section guides the learner through key facts on the subject area by using a variety of learning activities and tasks.
  - **Test yourself:** At the end of the module the student completes a multiple choice assessment to test their level of understanding of the subject matter.
  - **Results:** Each student has an individual profile which records their scores and progress in each of the modules.
- **Evaluation:** As part of the results, the student is able to see a summary of the work they have completed for each module and has access to the correct answers, in order to see which areas need to be addressed.
  - **Rolling Action Plan (RAP):** This provides an up-to-date action profile which can be reviewed on a regular basis during class time and one-to-one tutorials.
  - **Further information:** A range of additional information and web links relating to the content in each module.
  - **Podcast:** Students can listen to a summary of each module or download on to their mp3 player.



## Well Being Learning Modules... Mapped to Every Child Matters

### Be Healthy

Being Fit - an Introduction to Exercise and Fitness  
 Keeping Fit  
 Healthy Eating  
 Healthy Food Preparation  
 Body Shape  
 Drugs and your Health  
 Smoking - Bad Habit or Addiction?  
 Safer Drinking  
 Sex and your Health  
 Stressed Out?  
 Food and Mood

### Stay Safe

Stand Up for Yourself  
 Streetwise and Safe  
 Travelling Safely  
 Safe on the Road  
 Staying Safe in your Home  
 Staying Safe Abroad  
 Staying Safe at Work  
 Protecting Personal Information

### Enjoy and Achieve

Preparing for Study  
 How do you Learn?  
 Preparing for Study in HE  
 Fun with Words  
 Fun with Numbers  
 Introduction to Personal Development  
 Developing Positive Relationships  
 Dealing with Life Changes

### Make a Positive Contribution

Introduction to Citizenship  
 Finding a Place to Live  
 Use your Vote  
 Working Together  
 Helping your Community, helping Yourself  
 Reduce, Reuse and Recycle  
 Pollution and Conservation  
 Look After your Planet  
 Exploring Prejudice  
 Living in a Diverse Society  
 Know your Rights and Responsibilities

### Achieve Economic Well-being

Keeping out of Debt  
 Money Matters  
 Successful Interviews  
 Work, the Law, and You  
 Make a Presentation  
 Choosing a Career  
 Starting your Own Business

### Key Skills

Healthy Eating, Levels 1 & 2  
 Application of Number  
 Communication  
 ICT  
 Healthy Lifestyles, Levels 1 & 2  
 Application of Number  
 Communication  
 ICT

## Well Being

### Student view:

"We've been using Well at College to do some of our college work over the last year. The module that I enjoyed the most was 'Drugs and your Health' because it relates to the game of football and the guidelines within it.

I like learning using the Well at College modules as it allows me to work as an individual as well as being part of a group."

Ryan Bennett,  
 Grimsby Town FC.

To view a demonstration of the modules contact Lucy Hutchinson at [lucy.hutchinson@tribalgroup.co.uk](mailto:lucy.hutchinson@tribalgroup.co.uk) or visit [www.wellatcollege.co.uk](http://www.wellatcollege.co.uk)

Well Prepared

Curriculum Manager view:

“The Well at College materials cover a wide range of topics.

Learners are able to work in their own time and at their own pace, with all their activity monitored by tutors via the student tracking database.”

Geraldene Dent, Head of Faculty, Young People, Bishop Auckland College.

Well Prepared... Comprehensive Resources for Tutors

Well Prepared provides tutors with a comprehensive bank of resources to deliver high quality group tutorials. There are also extensive tracking facilities which allows tutors to monitor the progress of each learner as they work through their Well Being modules.

Tutor Resource Content

The following resources are available for tutors:

- **Lesson Plans:** Tutors are able to customise draft lesson plans and/or create their own, which they can then add to their area of the site or print out.
- **Resource Files:** Resource materials and handouts are available to support the delivery of group tutorials.
- **Scheme of Work Compiler:** This allows tutors to customise a scheme of work to incorporate a selection of learning modules for their students to access.
- **Tracking:** The Well Prepared section allows tutors to monitor the progress of each student as they work through the modules in the Well Being section.

Training and Support Services

In order to make sure that colleges are able to get the best out of the Well at College programme, there are a number of support services for managers, tutors and administrators.

A team of trained consultants are available to offer advice and guidance about administration, funding, delivery models and programme set-up.

There is also an ongoing programme of support and training events to assist colleges share good practice in the implementation of tutorial, key skills and enrichment delivery.



Well Prepared... Effective Student Tracking and Reporting

The Well Prepared feature provides a comprehensive tracking system which enables tutors, course leaders and managers to follow individual student and group progress. Reports are also available to monitor performance by department and curriculum area against the five Every Child Matters outcomes.

Sample Student Report - Key Features

wellatcollege														
Student: A. Surname														
	Module				Assessment		Section 1		Section 2		Section 3		Total/Overall	
Area	Name	Type	Week scheduled	Last time accessed	Status	Score	Name	Activities completed	Status	Activities completed	Status	Activities completed	Score	Final Exam
Emotional	In progress	10/01/10	10/01/10	10/01/10 10:00	Not started	0/100	Not started	0/10	Not started	0/10	Not started	0/10	In progress	0/100
Healthy food preparation	In progress	10/01/10	10/01/10	10/01/10 10:00	Completed	100	Completed	10/10	In progress	0/10	Not started	0/10	Not started	0/100
Introduction to Learning	Not started	10/01/10	10/01/10	10/01/10 10:00	Not started	0/100	Not started	0/10	Not started	0/10	Not started	0/10	Not started	0/100
Preparing to study at HE	Not started	10/01/10	10/01/10	10/01/10 10:00	Not started	0/100	Not started	0/10	Not started	0/10	Not started	0/10	Not started	0/100
Use your time	In progress	10/01/10	10/01/10	10/01/10 10:00	Completed	100	Completed	10/10	Completed	10/10	In progress	5/10	Not started	0/100
Helping and supporting learning	In progress	10/01/10	10/01/10	10/01/10 10:00	Completed	100	Completed	10/10	In progress	5/10	Not started	0/10	Completed	100/100
Developing problem solving	Not started	10/01/10	10/01/10	10/01/10 10:00	Not started	0/100	Not started	0/10	Not started	0/10	Not started	0/10	Not started	0/100
Developing the English	Not started	10/01/10	10/01/10	10/01/10 10:00	Not started	0/100	Not started	0/10	Not started	0/10	Not started	0/10	Not started	0/100
Food and food	Not started	10/01/10	10/01/10	10/01/10 10:00	Not started	0/100	Not started	0/10	Not started	0/10	Not started	0/10	Not started	0/100
Using learning	In progress	10/01/10	10/01/10	10/01/10 10:00	Completed	100	In progress	5/10	In progress	5/10	Completed	10/10	Completed	100/100
Developing the student	In progress	10/01/10	10/01/10	10/01/10 10:00	Completed	100	In progress	5/10	Not started	0/10	Not started	0/10	Not started	0/100

Well Prepared

## Well Connected

### Student view:

"I think Well at College is good because I can work at my own pace. I can take my time working on it and when I get behind I can finish it off in my dinner hour."

Childcare Student,  
Bishop Auckland College.

### Tutor view:

"I introduced it to the group on Thursday and we went through one of the modules as a group. It went very well and the feedback from the students was positive. The group are working through it individually now. They all like the fact that it's very easy to follow and that they are able to work through the modules at their own pace."

Peter Madeley,  
E2E Co-ordinator,  
Solihull College.

## Well at College™

### Well Connected... Chill-out Zone for Students

The *Well Connected* area of the website contains unique content linked to module subjects, news, Every Child Matters themes, stories and current events.

### Key Features

- Regular themed news features linked to module content
- Games
- Music and film reviews
- Current affairs
- 'You Vote' topics
- Links to college website
- Local employment updates
- Student life

What's on

National campaigns

Grant updates

World news

Special offers

Great job offers



## Well at College™

### Well Skilled... Skills for Life

*Well Skilled* provides a wide range of online and downloadable resources that are designed to support learners in developing their literacy, numeracy and IT skills.

### Key Features

- Develops essential skills through an interactive and fun learning environment
- Online skills development modules in literacy
- Literacy support study sessions
- Numeracy interactive study skills

### Online activities include:

- M-Learning Skills
- Move On Skills Test
- Target Skills
- Target Skills for Work



## Well Skilled

### Tutor view:

"We have used the materials to aid student success and because the key skills materials were easy to deliver in both classroom and practical sessions."

The students like the materials and we have achieved a high rate of success across the programme. We would recommend the materials across our departments and also for other colleges."

Deb Cannon,  
Programme Area Manager  
for Sport,  
Lancaster and Morecambe  
College.

Well at College™

## Well Qualified... Supporting Enrichment and Progression

*Well Qualified* encourages students to build on the skills and interests they may have developed within *Well Being* through a range of over thirty nationally recognised qualifications that can be offered as part of a programme of additional studies. These short courses also provide further coverage of the five Every Child Matters outcomes.

### Examples of short courses available:

- |  |       |                                    |       |
|--|-------|------------------------------------|-------|
| • Health for Life – Exercise               | L1    | • Equality and Diversity           | L2    |
| • Health for Life – Exercise and Nutrition | L2    | • Health and Safety                | L2    |
| • Health for Life – Sport                  | L1    | • Personal Money Management        | L1    |
| • Healthy Eating                           | L2    | • Sustainable Development          | L1/L2 |
| • Drug Awareness                           | L1/L2 | • Citizenship                      | L1/L2 |
| • Personal Safety Awareness                | L1    | • Certificate in Employment Skills | L1    |
| • Developing Enterprise Capabilities       | L2    | • Safe at Work                     | L2    |

## Healthy Living Qualifications - New Development for 2007/08

We are currently developing two brand new 30glh Healthy Living qualifications in conjunction with Edexcel:

- Level 2 Certificate in Healthy Living
- Level 3 Certificate in Healthy Living

Both qualifications are being put forward to Qualifications and Curriculum Authority (QCA) for approval on the National Qualifications Framework (NQF), making them an ideal additional qualification for 14-19 students in 2007/08.

Well at College has been mapped against these new qualifications, providing a flexible and cost-effective online delivery option.

For more details about these qualifications please visit [www.healthylearner.co.uk](http://www.healthylearner.co.uk) or contact [mick.cox@tribalgroup.co.uk](mailto:mick.cox@tribalgroup.co.uk)

Well at College™

## Technical Information

Well at College is a web-based product that has been built on a customised Moodle (VLE) platform. It is hosted externally and can be accessed by using a secure authentication. Students and tutors can access the site from anywhere with an Internet connection.

If you are currently using Moodle (or another platform) as your college VLE, we can also work with you to place the modules directly into your own environment.

This customised option is currently being used by the League Football Education to support every young apprentice footballer across the country in a range of topics which add value to their main NVQ programme.



If you require further technical information about Well at College please contact Lucy Hutchinson at [lucy.hutchinson@tribalgroup.co.uk](mailto:lucy.hutchinson@tribalgroup.co.uk) or phone 01904 550110.

Well at College™

### Employer view:

"A key focus for LFE is enhancing the pastoral care available to the apprentices throughout their two-year journey.

This is why we have taken a number of the Well at College online modules and tailored them for use by apprentices in LFE's own Virtual Learning Environment.

The modules have also become part of our standardised Apprentice Induction Programme."

Dan Jolley,  
Project Officer,  
League Football Education  
(LFE).